

13-18 Month Ability Checklist

It is important to look at your child's overall tendencies and clusters of behavior. One or two concerns should not cause alarm. However, if a child is not frequently and consistently demonstrating more than a few of the listed items in each age category, print the following list, check your concerns, and discuss them with your healthcare professional.

	Yes	No
Play and Social Skills		
Is interested in interacting with people (plays patty cake)		
Raises hands to be picked up		
Maintains eye contact with people during playful interactions		
Is interested in imitating others		
Turns head in response to name being called		
Points to objects of interest by 12 months		
Is able to locate objects you are pointing to		
Claps hand together in response to social play		
Enjoys playing with variety of toys and textures		
Enjoys banging and playing with musical toys		
Enjoys playing with new toys		
Eagerly explores the environment when placed on the floor		
Enjoys being swung and gently thrown in air		
Enjoys exploring and playing at the playground		
Enjoys swinging on playground swings		
Coordination		
Is frequently moving in and out of various positions (e.g. crawling, climbing, cruising, and walking) to explore and get desirable objects		
Maintains balance in sitting or standing while using two hands together to explore toys		
Is able to turn head to look at objects without losing balance while standing		
Is able to take steps toward motivating item		
Crawls or walks to get desired item		
Has adequate endurance and strength to play with peers		
Uses hands to help move from one position to another		
Is able to throw balls without losing balance		
Uses both hands equally to play with and explore toys		
Seeks out various new ways to move and play		

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	Yes	No
Daily Activities		
Usually enjoys bath time		
Is able to self calm in car rides when not tired or hungry		
Usually tolerates diaper changes without crying		
Is able to tip head back when moving from sitting to back		
Is able to use fingertips to pick up small objects, such as small pieces of food		
Eats an increasing variety of food		
Can usually participate in dressing without becoming upset		
Has an established sleep schedule		
Is usually able to calm self to fall asleep		
Is able to tolerate and wear new and varied textures of clothing		
Self-Expression		
Is comforted by cuddling and a parent's touch		
Is generally happy when not hungry or tired		
Is able to calm with experiences such as rocking, touch, and soothing sounds		
Has grown accustomed to everyday sounds and is usually not startled by them		
Has an established and reliable sleeping schedule		
Is able to enjoy a wide variety of touch, noise, and smells		
Cries and notices when hurt		
Is able to self soothe when upset		
Enjoys various textures, such as grass or sand, after multiple exposures		
Is able to transition to new environment or activity		
Total (out of 42)		